Get Set 4 Education

My Active Calendar

It is always important to keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game every weekday throughout the month.

Follow these steps to help you:

- Go to www.getset4education.co.uk and click on the Home Learning tab to see the Active Families Games.
- Pick an active game and play it.
- Write the name of the game you played onto your active calendar and enter a symbol to show how it made you feel. Remember, some days you may not enjoy a game but then love it on another day. Give games a go more than once.

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Name: _____

My Active Calendar for:

MON	TUE	WED	THU	FRI

I loved this game today.

I found this game 'ok' today.

This isn't the game for me today.

Yay, you did it!